



October 2012

The Official Newsletter of the Port Moody Power & Sail Squadron

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www.portmoodypss.com



Submit your stories,
announcements, and
photos to the Editor
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♪ When the Wind Blows...

I grew up on a very small farm in Southern Alberta where the wind blows incessantly. We were not a rich family. In fact, I remember at the age of about 10 or so finally having the luxury of indoor plumbing. We grew a very large garden, raised some chickens, sheep and a cow to help sustain our family. In an effort to feed our animals, every summer my dad would get the lease to harvest the hay from the borrow pits that lined a portion of Highway #2 near Leavitt, Alberta.

While stacking that hay with my dad and two brothers, I remember learning a valuable lesson. As young teenagers, our focus was often not on the quality of our chores, but rather on how quickly we could get them done so we could get on with the "fun" stuff teenagers do. Often we found ourselves having to redo our chores because it was not up to the "standard" of our father. On one such occasion, out of frustration, I bellowed at my dad "what difference does it make how the hay is stacked." Out of equal annoyance he exclaimed, "Because I want to be able to sleep when the wind blows". He went on to illustrate that because of the relentless winds of Southern Alberta, it was inevitable that the hay could be blown away, leaving us in a difficult position over the coming winter.

That lesson learned came home to roost this summer while rafted up with our Squadron in Pendrell Sound. The well-engineered raft neared completion. We had a couple of stern lines and three or four anchors set to secure it. To me that seemed pretty darn good.

However, as they usually do, Dave Burrell and Steve Clark are out in Little Bummer (Dave's dinghy) assessing the look and feel of the raft. After a few moments they came back to the raft to solicit help in making further modifications for securing the raft. While helping Dave with this chore, he explained to me that the winds always blow up in the evening at the head of Pendrell Sound. "In fact", he continued, "the winds will change direction and swirl because of the nature of the Fjord". As we set more anchors and stern lines to protect the raft from winds in any direction, I am sure the comfort level and confidence of all who were rafted in our 17 boat raft, increased exponentially.

One thing is for sure, when I am rafted up with Dave and Steve, I always sleep better when the wind blows...

We are a very lucky and fortunate squadron to have such talented people to rely on. While a great deal of us was out having fun this summer, a few hard working individuals were "doing their chores" (so to speak). I have been impressed with Susan Cooper, Lynn Meisl, Glen Anchor, Arlene Gojevic, Jeanette Gordon, Julie Ryder and so many more of you who continue to fulfill your individual squadron roles so well. Our fall classes and social activities will be a great success because of your continuous efforts. With dependable Bridge officers and volunteers like you, it is easy for us all to sleep when the inevitable organizational winds blow...



Sweet Dreams,
Bruce Leavitt, AP
Commander



The Archives is looking for 4 past copies of the Roster / PropWash. This is the yearly publication that we all keep in our boats or homes to locate our fellow boaters. The years that we need are 2000, 1999, 1997, 1993 . Please check your basements, attics, boats, and with any friends from other squadrons.

Thank you—Melody Hewson, Historian



VHF Radio Course

All those who operate the radio are required by law to have a Restricted Operator's Certificate (Maritime).



Classes On Request



Boating Basics PLEASURE CRAFT OPERATOR COMPETENCY PROGRAM

'Anyone who operates a motorized pleasure craft must carry proof of competency on board'

Training Department will be offering a two-evening Fall Boating Basics Course

For further information on dates and time, or to register for this or any course, please contact:

Lynn at 604-516-6072 or
lmeisl@telus.net

Make Some Noise! Public Relations At Work!

During the summer months those of us land based had all the fun promoting the Squadron and our Boating Courses. Our new banner was hung on the Moody Street overpass for 4 weeks and has had many other outings since. Our info table was all over Port Moody: Thrifty Foods, Rona Home Center, and Port Moody Public Library. This is a job which cannot be done alone and whether you give 15 minutes to help put up the banner or take it down, a short shift at an info table, it was our infectious laughter that brought people to us. One of our biggest turnouts was the crew on Clark Street from 5-6pm. We had a lot of response and motorists asking for our information while stuck in the traffic.

Thank you everyone. I will post our events for the January courses ahead of time and if you can help that would be wonderful.

We will be holding a draw for 2 free PCOC's Spring courses. What better Xmas present can you give than education. Details in December issue.

Susan Cooper, Public Relations Officer (PRO)

Our September class started off very well with 19 students, 18 new and 1 retaking the course. There are still 4 other potential students, who indicated that they would miss the first evening but would be there for the second.

The schedule for the course is similar to that of the past, except for the Coast Guard lecture, which will be presented by Lynn Meisl and Glen Anchor as Transport Canada has cut funding for this presentation. As in the past, our squadron's boating course would not be the excellent preparation it is without the continued willingness of the lecturers on whom I depend.

In the spring, the boating course will be divided into two separate courses, Boating Basics (PCOC) and Boating Essentials. These courses will still take 13 weeks to complete. Boating Basics will give them enough information to "get them out there" and Boating Essentials will "get them home safely".

Jeanette Gordon, Senior Training Office (STO)





Ten Hot Tips to Prepare Your Boat For the Cold Winter Months

Extended periods of inactivity can actually accelerate wear and tear. Remember, rust never sleeps (corrosion will spread), moisture can intrude & freeze, and lubrication can congeal. The last thing you want is to break down and face a hefty repair bill on that first warm day of Spring on the water. If you get your boat ready for that long winter's nap with a proper Autumn lay-up, following these ten tips will keep your boat "ship shape" after an extended period of storage.

1. A Clean Machine. A clean boat will weather better and reduce the work required when you're ready to take her out again in the Spring. Wash & wax the exterior, polish hardware & trim, and clean windshields. Check & repair any blisters found in fiberglass. Clean, dry, and if possible, remove all canvas from the boat and store indoors.

2. Flush the Cooling System. All motors should be thoroughly flushed with fresh water to remove salt, dirt & corrosion. In extreme climates, you should run anti-freeze into the cooling system of inboard and stern drive boats cooled with raw water. All water should be drained from outboard motors.

3. Prepare the Fuel System. Top up your fuel tanks to avoid condensation buildup. Change the fuel filter and add a fuel stabilizer. After adding the stabilizer, run the engine for a few minutes to ensure it circulates throughout.

4. Treat Your Engine with engine cleaners & lubricants to remove end of season gum, varnish & carbon deposits, displace moisture and stabilize fuel. They also leave a protective chemical film over internal engine surfaces without leaving greasy residue or causing smoke when re-started in the Spring.

5. Oil's Well the Ends Well. Change the engine oil & oil filter on stern drive, inboard engines and four-stroke outboards after engine is slightly warmed. Then move on to draining & refilling your boat's outdrive gear case or outboard lower unit to prevent any water & impurities from freezing and causing

damage. Look out for "milky" gear oil which indicates water intrusion and could indicate leaking seals.

6. Lubricate the Little Things. Small but critical systems such as sterndrive gimbal bearings and engine couplers, steering tilt tubes, and engine trim mechanisms need to be lubricated regularly. Put moisture-displacing lubricant on hinges, latches, push-pull switches, linkages, ratchet mounts, bow rollers, and the like. At least once during the season pull, inspect and grease the trailer wheel bearings. Also remove the propeller to inspect for fishing line and shaft seal damage, then coat the propeller shaft with quality water resistant grease.

7. Check'er Over From Bow to Stern. This is the best time to catch small problems before they become big problems. Inspect steering & controls for signs of worn cables, broken cable insulation, & visible corrosion. Check fluid levels on hydraulic steering and fill as necessary. Check fuses and wiring for loose connections, and cooling hoses for signs of bulges or cracks. Inspect engine belts, zinc anodes and replace if 50% dissolved.

8. Don't Give Moisture a Chance. Check bilges and remove any standing water, including lockers, drawers, live wells, fish holds or storage areas. Remove all cushions to clean and prop up to allow air to circulate.

9. Remove & Store Whatever You can. This includes lifejackets, dock lines, fire extinguishers, flares, fenders, ski ropes and other "gear", and store them indoors. To protect against theft, any electronics that are bracket mounted should also be removed and taken home. Wrap the cable ends/connectors with electrical tape. Marine batteries should be carefully removed and stored in a cool, dry location off the floor. Check the electrolyte levels and bring them back to full state of charge every 30 days during storage.

10. Cover Your Assets, & Check Them Often. If you can't store your boat in an enclosed climate controlled facility, a good cover is the 2nd best option. Shrink wrap is expensive but effective, otherwise a good quality cover is the first line of defence against the elements. Store in a location that best minimizes exposure to wind, falling leaves and sunlight. Remove any snow or rain pockets especially after a storm.

In addition, consult your owner's manual for specific recommendations, or seek out others for advice, supplies, or even to perform the services listed.





Double

SOUTHERN
COMFORT

Cruise



After spending the original Southern Comfort Cruise with the PMPSS, Boy N Sea, along with Bull Durham, left the Squadron and headed further south for new adventures, from July 6-21, 2012.



The first leg of our Double Southern Comfort Cruise took us into the **Swinomish Channel**, which separates

Fidalgo Island from the US mainland, first stop... **La Conner**. Many cautionary pointers were given to us to watch the tides as we entered the marina in La Conner, as they run pretty good through this narrow channel. We must have timed it right as we easily pulled out of the channel and tied up to our assigned slip without incident. La Conner is a quiet town with many tourist attractions: most noted by Boy N Sea's Admiral (Arlene) was the Quilter's museum, (yawn yawn), but it was a very pleasant stop and we stayed 2 days.

Navigating the Swinomish Channel is very easy with many nav aids along the way to "aid" you...but caution and a close watch on your depth gauge is due when exiting as there are mud flats at the southern portion that shift. This is definitely one area where you don't want to "cut the corner". Every day you could hear on the VHF about someone getting stuck, but we know that no one in PMPSS would, as we all know how to read our nav aids...right???

After an overnight stop in **Langley, WA** we headed to the place I really wanted to see on this trip, the **Hiram M. Chittenden locks** into Lakes Union and Washington. Though I had heard numerous tales of woe of many transiting the locks, I felt I was well prepared after reviewing the information on the web site and after speaking with those who have done it. I am happy to report that Boy N Sea entered the fresh water lakes without incident. Once through the locks, Boy N Sea awaited Bull Durham who



had to wait for the next "locking in". It truly was a fun experience and I look forward to our return

trip very soon; perhaps a future PMPSS cruise?

It was a treat to cruise around **Lake Union**, where we have been several times before, by land, to attend the Seattle boat show. It was quite a different view from the water. After a slow cruise around Lake Union we headed down the narrow channel past the University of Washington and onto **Lake Washington**. I knew Boy N Sea was enjoying the taste of fresh water through her raw water cooling system as much as I was enjoying the new sights. We anchored for 2 days in **Andrew's Bay**



where the Admiral actually got into the water. Those who know Arlene know she is not much of a water

baby, but at 72F even she had to venture into the warm waters of Lake Washington. We would have liked to have stayed longer but we had more places to see, so Bull Durham and Boy N Sea weighed anchor and headed out to transit the locks back to Puget Sound.

Inbound we had taken the "small" locks and it looked like we were to exit the same way, but at the last minute we were directed into the "large" locks. At over 700' these locks can take a lot of pleasure boats and some pretty big ships. Where the small locks have metal walls that slide up and down, the large locks have concrete walls that can "bite" you if you're not careful. Since we thought we were heading into the small locks, our fenders were hung accordingly, but in the large locks they need to be hung lower and unfortunately Boy N Sea got a tiny boo boo when she kissed the wall...luckily nothing a little rubbing compound won't fix. In the mean time, Boy N Sea wears her scar well until her next haul out.

The next week saw us overnight in

downtown **Seattle** at **Bell Harbour marina**, across from Pike Street market, a nice marina, but rather



noisy. We then headed to a place that had been on our bucket list since it was described to us by our friends on Caliente and Sea Baer... **Gig Harbour**. Though we originally planned 2 days there we ended up staying for 3. A must see spot in the Puget Sound. **Arabelle's Landing marina** and staff were fantastic. It was at Gig Harbour that Boy N Sea and Bull Durham parted ways... their plan was to head down to Olympia, and although my Admiral had hinted at going

further South too, it was time for Boy N Sea to head North. Next stop was **Poulsbo** another quaint town where we spent 2 days, but the crew of Boy N Sea was itching to get back on the hook, so instead of staying in Port Townsend as our plans called for, we cruised right on into the San Juan's and anchored in **Blind Bay** on **Shaw Island**.

We had come almost full circle; from Blind Bay we could see the entrance to Deer Harbour where we had left the PMPSS almost 2 weeks prior. On day 2 in Blind Bay we saw the Canadian navy sail by and it made us home sick. The next day after clearing customs in Bedwell Harbour we spent the last night of our cruise on the hook in beautiful **Conover Cove** on **Wallace Island**. Although Puget Sound was very nice, and I look forward to going back to Lake Washington, there's no place like home. The cruising waters and anchorages in BC are second to none.

Submitted by
Tony Gojevic,
P. CruiserMaster



Destination Desolation Cruise

**It Was...
Hot Hot Hot!**



08/14/2012

Desolation Sound offers a wilderness setting, generally easy waters, hundreds of bays and coves to explore and anchor in, and marinas where fuel and supplies are available. Navigation is straightforward with few hazards and everything is easily visible. Closer to shore it's a different story, but the rocks and reefs are well charted ...and diligent attention to the charts is an absolute must. Great care must be taken when navigating and choosing overnight anchorages. In reference to the colouring on your chart, it is simply said *"Sail on the white bits; anchor on the blue bits; drink on the yellow bits."*

Aug 3-5th—Garden Bay Marina, Pender Harbour

Garden Bay Hotel & Marina offers 700 feet of moorage, new showers, expansive garden deck and 3,000 sq. ft. of waterfront space. It features a variety of annual events, some of BC's best live music in their intimate pub, top-notch chefs for a special fine-dining experience, and is



just a great location to relax and enjoy the friendly ambience and spectacular scenery that Pender Harbour is famous for.

August 6-7th Grace Harbour, Gifford Peninsula

A long and narrow sheltered bay, the inner part of Grace Harbour is completely protected from all winds and seas. There are a few wilderness camping spots at the end of the bay, and a series of hiking trails. Follow



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the trail at the northern end of the harbour to a small, peaceful, freshwater beaver lake, however, it is said there are leeches in it. A stream flows from the lake becoming a waterfall under which to take a refreshing shower.



Aug 8-9 Squirrel Cove, Cortes Island

When you visit Squirrel Cove on the East side of Cortes Island, you can also find...a Government Dock; * the Squirrel Cove General Store with a Liquor Agency and Hardware Department;* Propane, Fuel, Ice, Telephone;* a Laundromat with Showers;* The Cove Restaurant;* The Cove Garden Centre;* a high water dock for float plane or boat tie up;* a boat launch ramp;* and the Cortes Island Craft Store.*



A fun thing to do in Squirrel Cove is to take the dinghy into the tidal lagoon at the end of the cove. The

lagoon is very beautiful and the ride in or out is always exciting (so long as you have enough water). The entrance to this lagoon is known as the "Reversing Rapids". Salt water flows in on a rising tide, then out again on a falling tide and all at quite a fast rate. Tidal lagoons are bodies of sea water that are only connected to the ocean by a narrow shallow channel of water. This causes the water level in the lagoon to be out of sync with the main tide.

If you're the hiking type, there's a 2 km trail that connects to Von Donop on the west side of Cortes. The trail is a

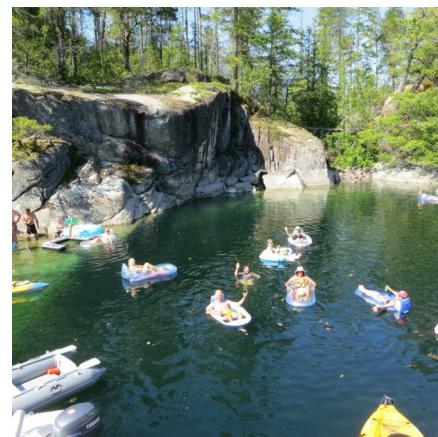


gentle well used path with no steep climbs and goes through

second growth fir forests and older maple glens. There has been sightings of wolves, therefore consider hiking in groups and not taking small dogs.



Aug 10, 11 & 12 Prideaux Haven—Sunshine Coast



Prideaux Haven is one of the most beautiful anchorages in Desolation Sound. Strategically located as a base for boaters to explore the Sound, this

Overall, approximately 29 boats at sometime or another attended with the group in Pender Harbour and/or Desolation Sound.
Grace Burrell, CruiserMaster

anchorage is an elongated bay dotted with islands, small coves and passageways. One of the prime attractions of these waters is their warmth in summer months, which makes them ideal for swimming and snorkeling.

Prideaux Haven was presumably named by Captains Richards or Pender, when surveying these waters in 1860 and 1864, respectively. Significance of the name is not known. Prideaux Haven is understood to be a mis-spelling of the



French *prie-dieu*, literally "pray God". Alternatively, it's a habitational name first recorded in the 12th

and 13th centuries in the form *Pridias*, perhaps from Cornish *pr* 'clay' + an unknown word. Later forms of the place name, and hence the surname, show the results of folk etymological assimilation to French *près d'eau* 'beside waters' or *pré d'eau* 'meadow of waters'.

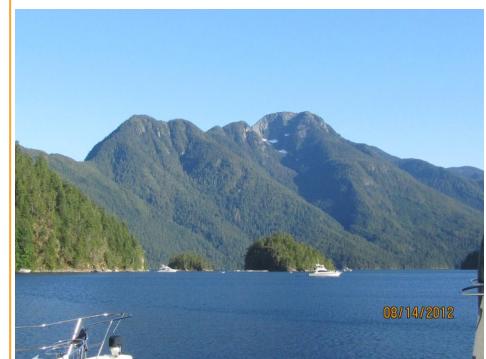


Aug 13, 14 Pendrell Sound, East Redonda Island

Pendrell Sound branches off from Waddington Channel and nearly divides East Redonda Island in two.



This fjord is well worth exploring. It has the warmest waters of the Sound with temperatures reaching as high as 79°F all summer and is ripe with oysters and mussels.



08/14/2012

Aug 15, 16 Von Donop, Cortes Island

This undeveloped marine wilderness park encompasses lakes, estuaries, a salt water lagoon and the old-growth forest Coast-Salish First nations call "Ha'thayim. Ha'thayim was named Von Donop Inlet by Captain Daniel Pender of the Royal Navy,



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who conducted extensive hydrographic surveys in the area from 1860 until 1879. The name commemorates Victor Edward John Breton Von Donop, a midshipman, who arrived aboard HMS Charybis at Esquimalt in 1862. Since it was first surveyed, this quiet inlet has contributed to the economy of British Columbia. Evidence of past logging and settlement is inconspicuous now as much of the area is being reclaimed by nature.

Aug 17 Gorge Harbour Marina, Cortes Island

#	GARDEN BAY Aug 4-5	Grace Harbour Aug 6-7	Squirrel Cove Aug 8-9	Pridesau Haven Aug 10-12	Pendrell Sound Aug 13-14	Van Donop Aug 15-16	Gorge Harbor Aug 17	Other Boats which were in Desolation
1	Booty	Booty	Booty	Booty	Booty	Booty	Booty	Full Circle
2	Goaway	Goaway	Goaway	Goaway	Goaway	Goaway	Goaway	Goaway
3	Minstrel	Minstrel	Minstrel	Minstrel 2	Justavacation	Justavacation	Minstrel	Minstrel
4	Lucky Day	Lucky Day	Lucky Day	Lucky Day 2	Davy's Locker	Dubrovnik	Merlin	Merlin
5	Bull Durham	Bull Durham	Bull Durham	Bull Durham	Bull Durham	Kairos	Kairos	Kairos
6	Caliente	Caliente	Justavacation	Justavacation 2	Rainbow	Rainbow	Bull Durham	Bull Durham
7	Justavacation	Justavacation	Justavacation	Sea Bae	Sea Bae	Sea Bae	Sea Bae	Sea Bae
8	Sea Bae	Sea Bae	Sea Bae	Sea Bae	Sea Bae	Sea Bae	Sea Bae	Sea Bae
9	Davy's Locker	Davy's Locker	Davy's Locker	Davy's Locker	Davy's Locker	Davy's Locker	Davy's Locker	Davy's Locker
10	Clintessa	Clintessa	Clintessa	Clintessa	Clintessa	Clintessa	Clintessa	Clintessa
11	Our Office	Otro Dia	Clintessa	Clintessa 2	Clintessa 2	Clintessa 2	Clintessa	Clintessa
12	Merlin	Dubrovnik	Tockalosh	Merlin (Day)	Merlin (Day)	Merlin (Day)	Merlin	Merlin
13	Merlin	Kairos	Clintessa	Clintessa	Clintessa	Clintessa	Clintessa	Clintessa
14	Otro Dia	Rainbow	Kairos	Kairos	Kairos	Kairos	Tockalosh	Tockalosh
15	ChelSea 1	ChelSea	ChelSea	ChelSea	ChelSea	ChelSea	Our Gig	Our Gig
16	Dubrovnik	Clintessa	Clintessa	Clintessa	Clintessa	Clintessa	Trophy Wife	Trophy Wife
17	Our Office (Fishermens)	Tockalosh	Tockalosh	Tockalosh	Tockalosh	Tockalosh		
18	Aquaroblic (AI Paddleboard)							
19	ON Docks (AI BYCO)							

Other Cottagers attended: Refuge Cove, Wallis, Teakems, Arm

Total Boats up there: 27

Blue (not Squads)



Among the best of BC marinas, Gorge Harbour is fully-serviced with 1800' of moorage, 30 and 50 amp power, fuel and water. Marina guests may find everything they

need at the marina itself. Whether guests moor in the marina, sleep in the lodge or campground, Gorge Harbour Marina offers access to a wide range of amenities. As well as having a general on-site store, guests can enjoy oceanside fine dining at The Floathouse Restaurant, and leisure time at the pool and spa. The Gazebo in the campground is available for group functions such as Pot Lucks, Happy Hour, or barbecue. This must be booked ahead with the office and there is no charge to guests. There is also a seaside campfire/picnic area access for guests until 10:00 pm where you can watch the sun go down while roasting marshmallows.



Aug 18th Garden Bay Marina, Pender Harbour



In front, left to right: Lorraine Yigit, Julie Ryder, Jeanette Gordon, Roni Clark, Elise Palmer, Grace Burrell, Sheila Leavitt, Kim Edgar, Jeanette Clements, Chris Sheldon, & Jo-Ann Cass

The last night. The pub ran out of propane and the only thing ready was the Prime Rib Dinner...17 of them please!

Labour Day Cruise, Snug Cove



What a spectacular end of summer cruise...but then again, why wouldn't it be? Good friends, good food, good times....and even the weather extended itself to

keep the ultimate summer conditions for hiking, kayaking and, of course, dockside socializing. Onlookers enjoying some model boat racing soon learned just how deadly they can be. Past cruisemaster Tony Gojevic's dinghy suffered a puncture to a pontoon by one of them...he now has a new dinghy.



The Labour Day long weekend of September 1st-3rd, 2012, saw another impressive count of up to 25 boats, and 50 plus members. Socials Officer

Arlene Gojevic organized a

fun "Blind Bocce" tournament, with Chris & Jeanette Gordon taking the top prize consisting of 2 silly-humour books. The winner of the Crabmeister contest is once again Levon Dean of the Blue Magic Crew.

Never has there been a more elaborate display of "Appies-on-the dock" than was witnessed this cruise by long time member Dave Burrell. Several tables had to be stationed to accommodate the spread. The summer house held an entertaining Burrell Productions movie night with 2 comedies on the big screen TV. The first video was of the 2009 PMPSS Canada Day cruise, and the second was the 2010 Party cruise to Mexico aboard the cruise ship Carnival Splendor. It just doesn't get much funnier than that.

Make sure to book your spot at the [Union Steamship Marina](#) for Easter 2013 when the fun times continue...



Upcoming Activities & Events

Happy Halloween

October 27th
HALLOWEEN DANCE

Royal Canadian Legion 119
 2513 Clarke St,
 Port Moody, BC V3H 1Z3

- ⌚ 7:00 pm
- ⌚ \$10.00/person
- ⌚ Appies Included
- ⌚ Cash Bar
- ⌚ Costume contest



We have been given a 2 hour time slot for a very small table in the lobby of Thrifty's on Saturday December 1, 2012 from Noon to 2pm. We will be able to showcase our courses and also have a draw box for our 2 free PCOC's. This is a key day in Suter Brook as later in the evening there will be the Christmas Tree lighting and festivity so we are lucky to get the space. We will have to be very compact on this occasion.

November



Remembrance Day Service

November 11th
 Belcarra Park

Come early if by boat, dockspace limited.

Lunch provided in covered picnic area, bring your own plates & utensils, etc.



Start planning & decorating your boat for Santa Cruise

Skippers meeting TBA

December



Santa's Christmas Ships Cruise

Fridays & Saturday nights:
 1st, 2nd, 8th, 9th, 15th & 16th,
 possibly extended to 22nd & 23rd

7pm-9pm
 Open to all boaters



Volunteers Please Contact:
 Susan Cooper

Public Relations Officer

coopersw@telus.net

604 461 5011 or 604 250 2377

Member News



Silly Goose



Grace Burrell has again agreed to be Cruisemaster for the 2012-2013 season. Get ready for some more fun-filled high sea adventures! Thanks Grace.

Arlene Gojevic worked her usual embroidery magic resulting in a commemorative t-shirt sporting Grace's signature icon which was awarded to her at Snug Cove.

Silly Crab

Levon Dean out crabbed all the competition at Snug Cove, and holds the Crabmeister title once again. A lovely addition to the Blue Magic décor, the much sought after trophy remains tucked away, safe and sound in Master Levon's quarters.



Just Silly



Just-a-word of advise...if it's your anniversary, don't tell anyone.

Commander Bruce Leavitt and his lovely bride Sheila tried to celebrate their anniversary during the Labour Day Cruise at Snug Cove when this happened...WTH?! Too Silly.



Show your PMPSS pride.

- ◆ PMPSS Burgees \$20.00
- ◆ CPS flags \$15.00
- ◆ Decals \$10.00

Kim Church,
Supplies Officer



[Shop Online at the CPS store. Shipping & Handling fees apply](#)



www.elegantdesign.ca

Here's the website of the clothing company in Port Moody I order from, and they do the embroidery too. The website has a lot of different catalogues on it. You can also supply your own favourite piece of clothing to have embroidered. If you have any questions, [contact me](#) and hopefully I can help!

What's in Store?

Currently in stock



Large crew cut neck sweatshirt \$50.00



XL Navey Crew cut sweatshirt \$50



2 medium men's golf shirts \$45.00



Sun Visor \$25.00



Blue Bag \$5.00



Large grey pullover sweater \$55.00

Bounty From The Sea



It's hard to beat a treat of freshly caught seafood. A good meal plan doesn't count on it, but a thoughtfully stocked galley can accommodate it. This summer our members enjoyed an abundance of crab, prawns, oysters and fish, prepared in variety of ways from simple to simply gourmet.



Raw oysters are traditionally served in their shells with their juice on a bed of crushed ice. The classic accompaniments are cayenne pepper, a wedge of lemon to squeeze over the flesh and a thin slice of buttered brown bread. Alternatively, they can be seasoned with salt and cayenne pepper with a dash of Tabasco sauce, whilst some serve them with a Mignonette sauce made from lemon juice or sherry vinegar, chopped shallots, mixed peppercorns and dry white wine. As the oyster has such a delicate flavour, most people prefer to eat them raw unless they are cooked very lightly in a matter of minutes.



Prawn Benny

- 2 English Muffins, halved
- 4 Ham slices
- 4 Eggs
- 2 Doz (BC Spot) Prawns
- Hollandaise Sauce (packaged)
- 1 tsp Taco/Mexican seasoning
- Butter & olive oil

Directions & Assembly

Prepare hollandaise sauce as per package directions. Set aside & keep warm (may thin with water if over thickens before use). While poaching eggs to desired doneness, sauté prawns in butter & oil (oil keeps the butter from burning), & taco seasoning. Lightly toast & butter each muffin half. Layer with a ham slice, egg, 6 prawns ,and pour hollandaise sauce over top. Serve immediately.



Glenn's Homemade Sushi

Supplies

- Bamboo Rolling Matt (insert in a large zip lock for easy cleanup)
- Glass Bowl
- Cutting Board
- Sharp Knife

Ingredients

- Japanese Sticky Rice(Cook to directions and slightly cooled but not cold)
- Roasted Seaweed Sheets (Nori)
- Fresh Crab, Prawns, Salmon, Tuna or any other favorite filling
- Fresh Vegetables (Cucumber, Carrots, Avocado)
- Mayo or Spicy Japanese Mayo (optional)
- Sesame Seeds (optional)
- Japanese Soy Sauce
- Wasabi (optional)
- Gari (Sweet Pickled Ginger)



Directions & Assembly

I place a large cutting board on my counter top with my fillings around it for easy access. I cover the rolling mat with a large Ziplock bag for easy clean up, especially when making *uramaki* (inside-out rolls).

Place a sheet of nori (rough side up) on the cutting board. Using your (wet) hands spread some rice onto the sheet of nori, coating it to the ends. This is where your bowl of water comes in handy. I dip my hands in the water to moisten them consistently, so that the rice doesn't stick to them and easily comes off onto the nori. Once your nori sheet is covered, sprinkle with sesame seeds and lightly press down on it. Carefully flip the nori over so rice is on the bottom. Place your ingredients about 1/4 of the way down from the end of the nori sheet. This is where the fun begins. You can put whatever filling you desire in your roll. If you put it right at the end it will be difficult to roll it up. Very carefully begin rolling your roll and apply some pressure to make sure it all sticks together. Once rolled, take your plastic covered bamboo mat and roll it around the roll and apply pressure to make it nice and smooth and everything sticks well together. Using a sharp, wet knife (this is where a bowl of warm water is useful) slice your sushi roll into about 6-8 pieces. Eat it! No explanation necessary! Enjoy!



Submitted by Glenn Richmond

Across

2. Maps that guide mariners safely from port to port.
 4. A flotation device with buoyancy sufficient to float itself as well as a heavy load
 5. The gradual destruction of material, usually metals, by chemical reaction with its environment.
 7. A treasure hunting game where you use a GPS to hide and seek containers
 11. A distinguishing flag, regardless of its shape, of a recreational boating organization.
 13. A stretch of salt water separated from the sea by a low sandbank or coral reef.
 14. A creamy sauce of melted butter, egg yolks, and lemon juice or vinegar
 18. Japanese name for edible seaweed
 19. Originated in Italy and is one of the oldest of all lawn bowling games.
 20. Electrically charged ions (atoms or molecules)

Down

1. A substance introduced to reduce friction between moving surfaces.
 3. To change from a soft or fluid state to a rigid or solid state, as by cooling or freezing
 6. A device for raising and lowering boats between stretches of water of different levels on river and canal waterway
 8. survey which refers to the mapping or charting of water's topographic features
 9. The art or handicraft of decorating fabric or other materials with needle and thread or yarn
 10. Long, narrow inlet with steep sides or cliffs, created in a valley carved by glacial activity.
 12. A hydrological feature between a run (a smoothly flowing part of a stream) and a cascade
 15. Channel, which separates Fidalgo Island from the US mainland
 16. Bivalve mollusks with rough irregular shells.
 17. A pivoted support that allows the rotation of an object about a single axis.

Got a good story that's
"newspaper" worthy? If so,
send info to
news@portmoodypss.com

Geocaching: A Treasure “Hunt”

I just recently heard about this fun and exciting game called Geocaching. Geocaching is a real-world, outdoor treasure hunting game using GPS-enabled devices. Participants navigate to a specific set of GPS coordinates and then attempt to find the geocache (container) hidden at that location and then share their experiences online.

Anchored out in Bedwell bay one sunny September afternoon, Steve Van Gaalen and his daughter Sarah commented that they were off to locate a “treasure”. They too had discovered

Geocaching and so I had to find out how many caches there might be in the area...turned out there were 32 listings within a 1km radius of our boat's location. This got me thinking that somehow the PMPSS could use this technology to promote the CPS and safe boating education.

Geocaching isn't all about material goods. There are a variety of cache types such as challenges, letterboxing, and environmental awareness. One such environmental type is called Cache In Trash Out (CITO) which is an ongoing environmental initiative supported by the worldwide geocaching community ...and guess which familiar initiative is on their list ...that's right, the Great Canadian Shoreline Cleanup.

A recent article in the [Nanaimo](#)

News reports of a diver named Bob Simpson who is one of the first Canadians to take the treasure-hunting game to new depths. He hoped to have created four underwater caches by July, when thousands of geocachers were to descend on Vancouver Island for the Island Spirit 2012 Geocaching Mega-Event in the Cowichan Valley. The underwater caches are not only the first of their kind in Canada, but they would also attract geocachers to Nanaimo, and divers to the best scuba diving locations on Vancouver Island. That's good for the economy.

To learn more
about geocaching,
visit their website
[at](#)

at
<http://www.geocaching.com/>

