Mentor Motivation Inventory

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| ***For each item below, put a check in the “yes” column if the reason listed reflects why mentoring appeals to you. If it does not, put a check in the “no” column. Following each item, list concrete examples to illustrate your answer.*** |
| **Reasons that Mentoring Appeals to Me:** | **Yes** | **No** | **Examples** |
| I like the feeling of having others seek me out for advice or guidance. |  |  |  |
| I find that helping others learn is personally rewarding. |  |  |  |
| I have specific knowledge that I want to pass on to others. |  |  |  |
| I enjoy collaborative learning. |  |  |  |
| I find that working with others who are different from me to be energizing. |  |  |  |
| I look for opportunities to further my own growth. |  |  |  |
| ***Complete these questions as truthfully as you can.*** |
| I want to be a mentor because: |
| My experience and expertise will contribute to this relationship by: |

**Adapted from: Zachary, L. The Mentor’s Guide. . 2000**